



**POW PIZZA FRUIT**

**Nutrition Facts**

Serving Size: SERVINGS

Serving per Container: 1

Amount Per Serving

Calories: 393

Calories from Fat 91

% Daily Value<sup>2</sup>

**Total Fat 10.1g**

15%

Saturated Fat 4.9g

25%

Trans Fat \*N/A\*

**Cholesterol 37mg**

12%

**Sodium 1382mg**

58%

**Total Carbohydrate 56.0g**

19%

Dietary Fiber 1.8g

8%

**Protein 17.4g**

34%

Vitamin A 14%

Vitamin C 26%

Calcium 34%

Iron 15%

<sup>2</sup> Percent Daily Values are based on a 2,000 calorie diet.

\*N/A\* denotes a nutrient that is either missing or incomplete.

## Fruiteroni Pizza

- 1 Pizza Dough recipe (from Cookbook #1)
- ¾ cup pizza sauce or homemade marinara sauce
- ¾ cup Mozzarella cheese
- ½ cup turkey pepperoni slices
- ½ cup sliced bell pepper
- 1 cup sliced Dinosaur Eggs (pluots)
- 1 cup sliced peaches

### Directions:

1. Preheat oven to 425 degrees.
2. Grease a pizza pan or baking sheet well..
3. Use your hands and spread the dough out.
4. Use a pastry brush and spread the pizza with pizza sauce, then sprinkle on the grated mozzarella cheese. Add pepperoni slices.
5. Now for the fun part, add whatever toppings your heart desires.
6. Bake the pizzas in the oven for 12-14 minutes.  
You Did It! Yum!